



TRADITIONAL MEDICINES
& WELLNESS EXPO 2026

TRADITIONAL MEDICINES & WELLNESS EXPO 2026

BUSINESS AND ENTERTAINMENT PROGRAM
SEPTEMBER 25–26

Lectures

Workshops

Consultations

Exhibition of books



Presentations by experts and lectures on Ayurveda, health, and nutrition. Ayurvedic consultations. Workshops on cooking, meditation, and breathing exercises. An exhibition of books on Ayurveda and the Vedic lifestyle.

III SYMPOSIUM ON TRADITIONAL MEDICINE OF BRICS COUNTRIES

SESSION: HEALTH-PRESERVING TECHNOLOGIES OF THE PEOPLES OF THE BRICS COUNTRIES

11:00–11:05

WELCOME ADDRESS

Mrs. Vaishali Zinzuwadia, Organizer of the Traditional Medicines & Wellness Expo

11:05–11:15

INDIA – RUSSIA. BILATERAL TRADE

Mrs. Monalisa Dash, Joint Secretary, Ministry of AYUSH, New Delhi

11:15–11:20

INDIA – RUSSIA. FRIENDSHIP AND CULTURE

Mr. Sammy Kotwani, President of India Business Alliance

11:20–11:25

INSTITUTE OF ORIENTAL MEDICINE OF RUDN UNIVERSITY FROM BEGINNING TILL NOW

Mr. Viktor Vasilyevich Urazov, Institute of Oriental Medicine, RUDN University

11:25–11:30

INDIA – RUSSIA. TRADITIONAL MEDICINE SCENARIO

Ms. Svetlana Ivanova Nesterova, BRICS Health University

11:30–11:35

RUSSIA – INDIA. AYURVEDA ASSOCIATION

Ms. Anita Karilio Arcas, President of the Russian-Indian Ayurveda Association

11:35–11:40

INDIA – RUSSIA. CULTURE

Mr. Rameshwar Singh, Russian-Indian Friendship Society “Disha”

11:40–11:55

KEYNOTE ADDRESS

H.E. Mr. Vinay Kumar, Ambassador of India to Russia

11:55 ONWARDS

RIBBON CUTTING AND VISIT TO THE EXPO



III SYMPOSIUM ON TRADITIONAL MEDICINE OF BRICS COUNTRIES

SESSION: TRADITIONAL MEDICINE IN THE BRICS COUNTRIES

12:30–12:40

WELCOME SPEECH

Maria Vladimirovna Zakharova, Director of the Department of Information and Press of the Ministry of Foreign Affairs of the Russian Federation, official spokesperson

12:40–12:50

WELCOME ADDRESS

Ayurveda Quality Mark “Ayush”
Pankaj Banerjee (Ayushexcil)

12:50–13:00

WELCOME ADDRESS

Ramazan Gadzhimuradovich Abdulatipov, Ambassador Extraordinary and Plenipotentiary of the Russian Federation, Doctor of Philosophy, Professor

13:00–13:10

SVETLANA IVANOVNA NESTEROVA

President of the MMA “BRICS Health University”,
Rector of the Academy of Traditional Medicine

13:10–13:20

DIVESH KUMAR

CEO of Eniker Bio Sciences Rus, Ambassador of the BRICS University of Health

13:20–13:30

IRINA FEDOROVNA KARTSIYA

Chairman of the Committee on Women's Entrepreneurship and International Cooperation of the Moscow Association of Entrepreneurs, Ambassador of the Russian-Latin American House Association, Vice-President of the MMA “BRICS University of Health”

13:30–13:40

SHUKHRAT ZHUMAIEVICH TESHAIEV

Rector of Bukhara State Medical Institute named after Abu Ali Ibn Sino



III SYMPOSIUM ON TRADITIONAL MEDICINE OF BRICS COUNTRIES

SESSION: MODERN AND TRADITIONAL MEDICINE, AN INTEGRATIVE APPROACH
TO PREVENTION, REHABILITATION AND HEALTH RESORT MEDICINE IN THE
IMPLEMENTATION OF THE NEW WHO STRATEGY ON TRADITIONAL MEDICINE
2025–2034
WHO GUJARAT DECLARATION

13:40–13:50

TOPIC: “FROM AYURVEDA TO MINDFUL LIVING...”

Harsha Gramminger, WHO Expert, Doctor of Medical Sciences,
Euroved GmbH, President of EAA

13:50–14:00

WELCOME ADDRESS (FMBA OF RUSSIA)

Irina Nikolaevna Larionova, Acting General Director
of FSBI FNCC MRIK FMBA

14:00–14:10

OFFICIAL ADDRESS

Representative of Indian AYUSH

14:10–14:20

WELCOME ADDRESS (MINISTRY OF HEALTH OF RUSSIA)

Natalya Nikolaevna Zubareva, General Director of FSBI NMRC RK

14:20–14:30

PRESENTATION

Liu Sehua, General Representative, Yang Zijiang Corp

14:30–14:40

WELCOME ADDRESS (MONIKI)

Gameeva Elena Vladimirovna, Director of the Moscow Regional
Research Clinical Institute

14:40–14:50

PRESENTATION

Tran Minh Ngoc, Director of the National Institute of Medical
Materials of the Ministry of Health of Vietnam

15:00–15:10

PRESENTATION

Visampasha Yusupovich Khanaliev



III SYMPOSIUM ON TRADITIONAL MEDICINE OF BRICS COUNTRIES

SESSION: TRADITIONAL MEDICINE, AN INTEGRATIVE APPROACH
TO PREVENTION, REHABILITATION AND HEALTH RESORT MEDICINE
IN THE IMPLEMENTATION OF THE NEW WHO STRATEGY ON TRADITIONAL
MEDICINE 2025–2034
(WHO GUJARAT DECLARATION)

15:10–15:20

AFRICA

Eric Gbodossou, Ibrahim Djange, Directors of the International
Department of PROMETRA

Topic: “African medicine for the benefit of all mankind”

15:20–15:30

RUSSIA

Konstantin Nikolaevich Baranov, Professor, Doctor of Medical
Sciences, Director of FSBI “DETSTVO”

Welcome address: Letter of support for the Symposium
from FSBI “DETSTVO”

15:30–15:40

REPUBLIC OF TATARSTAN

Rezeda Akhmetovna Bodrova, Chief Freelance Specialist
of the Hospital for War Veterans, Kazan

15:40–15:50

BRAZIL

Representative of Brazil

16:00–16:10

RUSSIA

Olga Alekseevna Butakova, Professor, Head of the Department
of Supplementology

16:15–16:30

SUMMING UP

Summing up the results and signing the agreements



BUSINESS PROGRAMME OF TRADITIONAL MEDICINES & WELLNESS EXPO 2026



11:30

TOPIC: The Next Global Wellness Wave: Why Traditional Indian Knowledge Matters

SPEAKER: Dr. Sushil Kumar — Indian scientist, preventive medicine expert and founder of Indian company DWA Herbals



12:00

TOPIC: Personalized Wellness Programmes for Athlete

SPEAKER: Asem Adylbaeva — paediatrician, Doctor of Ayurveda and Head of Ayurveda Programme at the RUDN University Institute of Oriental Medicine



12:30

TOPIC: Principles of Ayurveda

SPEAKER: Dr. Dhanya — Ayurvedic physician, Doctor of Ayurvedic Medicine at Kannur State University (Kerala), specialist at Atreya Ayurveda Clinic



BUSINESS PROGRAMME OF TRADITIONAL MEDICINES & WELLNESS EXPO 2026



13:00

TOPIC: Ayurveda in Russia: How an Ancient Tradition Adapts to Our Climate, Food and Cuisine

SPEAKER: Roman Likhachev — certified Ayurveda specialist, healthy lifestyle expert, author and lead instructor at the "Sut Zdorovya" Ayurveda School



14:30

TOPIC: Your Kitchen Is Your First Pharmacy: 7 Ayurvedic Spices for Digestion, Energy and Everyday Balance

SPEAKER: Boris Ragozin — practicing Ayurvedic physician with more than 25 years of experience, lecturer and author of books on Ayurveda and yoga



15:00

TOPIC: Musculoskeletal Problems as Symptoms of Internal Organ Disorders and Nutritional Imbalances

SPEAKER: Ilgiz Faatovich — wellness and gentle manual therapy practitioner with more than 35 years of experience, creator of the "Caucasian Ayurveda" approach